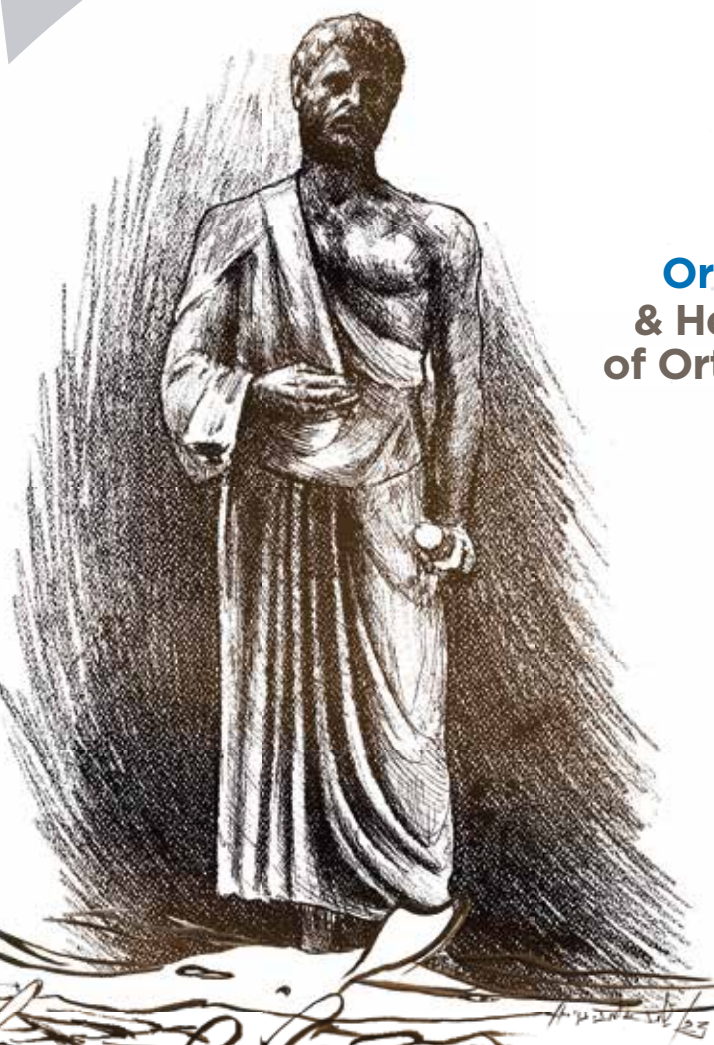




HELLENIC ASSOCIATION
OF ORTHOPAEDIC SURGERY
AND TRAUMATOLOGY
ATHENS ACADEMY AWARD 2004



HIPOCRATIC ORTHOPEDIC
SOCIETY, INC



**Hellenic American
Hippocratic
Orthopaedic Society
& Hellenic Association
of Orthopaedic Surgery
and Traumatology**
**Joint
Meeting
2023**

**5-7
September**

ELIVI Hotel
Skiathos, Greece

**final
PROGRAMME**



Hellenic American Hippocratic Orthopaedic
Society
& Hellenic Association of Orthopaedic Surgery
and Traumatology

Joint Meeting 2023

5-7
September

ELIVI Hotel
Skiathos, Greece

ORGANIZED BY



**HELLENIC ASSOCIATION
OF ORTHOPAEDIC SURGERY
AND TRAUMATOLOGY**
ATHENS ACADEMY AWARD 2004

UNDER THE AUSPICES OF



Region of Thessaly



University of Thessaly



Medical Association of Magnesia



Medical Association of Larissa

PROFESSIONAL CONGRESS ORGANIZER



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Welcome MESSAGE

Dear colleagues,

It is with immense pleasure that we extend our warmest welcome to each of you on behalf of the **Hellenic Association of Orthopaedic Surgery and Traumatology** and the **Hellenic American Hippocratic Orthopaedic Society** on the breathtaking island of Skiathos.

As Presidents of this joint meeting, we are truly honored to bring together brilliant minds and dedicated professionals from around the world to exchange groundbreaking insights, innovative research, and transformative ideas in the field of Orthopaedics and Traumatology.

We eagerly anticipate the stimulating discussions, enriching interactions, and lasting contributions that this conference will undoubtedly bring forth.

Welcome to a meeting of minds, innovation, and progress!



Loukia Papatheodorou

President of the
Hellenic American Hippocratic
Orthopaedic Society



Zoe H. Dailiana

President of the
Hellenic Association of Orthopaedic
Surgery and Traumatology



Scientific Programme

Tuesday September 5, 2023

Session 1 - Hand and Wrist

Moderators: **Z. Dailiana** - **M. Rizzo**

- 09:30 - 09:45 Arthroplasty or Arthrodesis for Isolated PIP OA
M. Rizzo
- 09:45 - 10:00 Arthroscopically Hemi-resection Arthroplasty. An Alternative
Method for CMC Arthritis
K. Ditsios
- 10:00 - 10:15 Thumb CMC fusion for CMC OA
M. Rizzo
- 10:15 - 10:30 Revision Surgery for Failed Thumb CMC Joint Arthroplasty
L. Papatheodorou
- 10:30 - 10:45 Scaphoid Fractures: MIS Surgical Treatment
Z. Dailiana
- 10:45 - 11:00 Discussion

11:00 - 11:15

Break

Session 2 - Arthroplasty and Surgical Training

Moderators: **K. Ditsios** - **C. Lajam**

- 11:15 - 11:30 Current Concepts in Hip Preservation Surgery
L. Poultsides
- 11:30 - 11:45 Robotics for Complex Total Hip and Knee Replacements
C. Lajam
- 11:45 - 12:00 Results of Vault Reconstruction System (VRS) Glenoid
Components for Reverse TSA
J. Itamura



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12:00 - 12:15 Utility of VR Arthroscopic Simulator in Surgery Training
A. Papadonikolakis

12:15 - 12:30 Discussion

12:30 - 13:00 **Break**

Group Discussions-Case Presentations 1

13:00 - 15:00 Moderators: **L. Papatheodorou - M. Takvorian**

Opening Ceremony

19:15 - 20:30 **Welcome**

- President of Hellenic American Hippocratic Orthopaedic Society
L. Papatheodorou
- President of Hellenic Association of Orthopaedic Surgery and Traumatology (HAOST)
Z. Dailiana
- Governor of Thessaly
K. Agorastos

Historical and Satirical Accounts of Europe. La belle Epoque of Satirical Cartography
P.N. Soucacos



Scientific Programme

Wednesday September 6, 2023

Session 3 - Deformity and Distraction Osteogenesis

Moderators: **A. Badekas** - **L. Papatheodorou**

- 09:30 - 09:45 Cavovarus Deformities Treatment Alternatives
A. Badekas
- 09:45 - 10:00 Polydactyly: Clinical and Molecular Manifestations
Z. Kyriazis
- 10:00 - 10:15 In House 3D Printing and Bone Deformity Correction
A. Papadonikolakis
- 10:15 - 10:30 Unlocking Novel Applications of Distraction Osteogenesis:
Beyond External Fixators
A. Drakou
- 10:30 - 10:45 Discussion

Break

Session 4 - Sports Injuries

Moderators: **K. Kateros** - **P. Nikolaou**

- 11:00 - 11:15 ACL Injuries in Children and Adolescents
N. Paschos
- 11:15 - 11:30 ACL: 40 Years of Experience
P. Nikolaou
- 11:30 - 11:45 Evolution in the Management of Patellar Instability
M. Tanaka
- 11:45 - 12:00 Patellofemoral Pain and Instability in Children and Young Adults
N. Paschos



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12:00 - 12:15 Women's Sports Medicine: What is it, and Why should we Care?
M. Tanaka

12:15 - 12:30 Discussion

12:30 - 13:00 **Break**

Group Discussions-Case Presentations 2

13:00 - 15:00 Moderators: **Ch. Ntinopoulos - L. Oikonomou**



Scientific Programme

Thursday September 7, 2023

Session 5 - Shoulder and Elbow

Moderators: **J. Itamura - A. Papadonikolakis**

- 09:30 - 09:45 Chronic Elbow Dislocation - Subluxation
V. Psychogios
- 09:45 - 10:00 First Shoulder Dislocation: Current Treatment Concepts
Ch. Chrysanthou
- 10:00 - 10:15 Shoulder Arthroscopy: Pearls and Pitfalls
K. Kateros
- 10:15 - 10:30 Results of Lower Trapezius Transfers
J. Itamura
- 10:30 - 10:45 Discussion

10:45 - 11:00 **Break**

Session 6 - Fractures, Bone Defects and Biologics

Moderators: **S. Papadakis - N. Pashcos**

- 11:00 - 11:15 The Theoretical Base behind the Fragment Specific Surgical Treatment of Distal Radius Fractures
Ch. Ntinopoulos
- 11:15 - 11:30 Fractures and Dislocations with Concomitant Vascular Injury
V. Kontogeorgakos
- 11:30 - 11:45 Tibia Plateau Fractures. Ligamentotaxis vs ORIF
S. Papadakis



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11:45 - 12:00 Bi-condylar/complex Fractures of the Tibial Plateau:
A Novel Treatment Strategy with Suprapatellar Nailing,
Compression Bolts, Freeze-dried Allograft and Concentrated
Marrow

Ch. Garnavos

12:00 - 12:15 Bone Loss in Revision Hip and Knee Replacement

C. Lajam

12:15 - 12:30 The Role of Biologics in Orthopedics Today

R. Monto

12:30 - 12:45 Discussion

12:45 - 13:00

Break

Group Discussions-Case Presentations 3

13:00 - 15:00 Moderators: **V. Psychogios - Z. Kyriazis**



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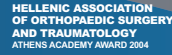
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Moderators and Speakers



A **Konstantinos Agorastos**
Governor of Thessaly, Greece

C Chrysanthos Chrysanthou
Orthopaedic Surgeon, Thessaloniki, Greece

Konstantinos Ditsios

Professor, 2nd Orthopaedic Department of Aristotle University of Thessaloniki, General Hospital "G. Gennimatas", Thessaloniki, Greece

Androniki Drakou

Clinical Director of the Orthopaedic Department and Center of Rare Bone Diseases,
LAIKO Hospital, Medical School of Athens, Athens, Greece

G Christos Garnavos
Head of the Orthopaedics and Trauma Department at “Evangelismos” General Hospital,
Athens, Greece

I John M. Itamura
MD, Orthopaedic Surgeon, Director Kerlan-Jobe Adult Shoulder and Elbow
Reconstructive Fellowship, Cedars-Sinai Kerlan-Jobe Institute, Los Angeles, CA, USA

K **Konstantinos T. Kateros**
Head of A' Orthopaedic Department, Athens General Hospital "G. Gennimatas", Greece

Vassilios A. Kontogeorgakos

Associate Professor, 1st Department of Orthopedic Surgery, Athens University Medical School, Attikon University General Hospital, Athens, Greece

Zisis Kyriazis

Orthopaedic Surgeon, Athens, Greece



Moderators and Speakers

L

Claudette M. Lajam

MD, FAAOS, FAOA, FAAHKS, Professor of Orthopedic Surgery, Chief Orthopedic Safety Officer, Director of Quality, Adult Reconstruction, NYU Langone Orthopedic Hospital & NYU Langone Grossman SOM, Chair, AAOS Board of Councilors, Past President, Ruth Jackson Orthopedic Society, Past Chair, AAOS Annual Meeting Central Program Committee

M

Rocco Monto

MD, FAAOS, Orthopaedic Surgeon, Orthopaedic Surgery & Sports Medicine, Nantucket Cottage Medical Group, Nantucket, MA, USA

N

Pantelis K. Nikolaou

MD, PhD, Chief Orthopaedic Surgeon, Sports Injuries Clinic, Athens Medical Center, Greece

Charalambos Ntinopoulos

Head of A' Orthopaedic Department, Asclepeion Hospital, Voula, Athens, Greece

O

Leon T. Oikonomou

Orthopaedic Surgeon, Athens General Hospital "G. Gennimatas", Greece

P

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Head of B' Orthopaedic Department, KAT Athens General Hospital, Greece

Anastasios Papadonikolakis

MD, PhD, Associate Professor, Orthopaedic Surgery, Wake Forest University School of Medicine

Loukia Papatheodorou

MD, PhD, Clinical Associate Professor of Orthopaedic Surgery, School of Medicine, University of Pittsburgh
President of the Hellenic American Hippocratic Orthopaedic Society

Nikolaos K. Paschos

MD, PhD, Orthopaedic Sports Medicine Surgeon, Department of Orthopedic Surgery, Massachusetts General Hospital

Lazaros A. Poultsides

MD, MSc, PhD, Assistant Professor, 3rd Orthopaedic Department, Aristotle University of Thessaloniki, General Hospital Papageorgiou, Thessaloniki, Greece



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Vassilis Psychogios

Head of 5th Orthopedic Department & Hand Surgery - Microsurgery Unit, General Hospital "Asklipieio Voulas", Athens, Greece
HAOST Secretary General

R

Marko Rizzo

Professor of Orthopaedic Surgery, Department of Orthopaedic Surgery, Chair, Division of Hand Surgery, Mayo Clinic, Rochester, MN, USA

S

Panagiotis N. Soucacos

MD, FACS (Hon), Professor of Orthopaedic Surgery, Orthopaedic Research & Education Center, "Attikon" University Hospital

T

Maria Takvorian

PRM doctor, Director PRM Department Hellenic Police, Health Quarters, Greece

Miho J. Tanaka

MD, PhD, Associate Professor of Orthopaedic Surgery, Department of Orthopaedic Surgery, Harvard Medical School, Director, Women's Sports Medicine Program, Boston, MA, USA



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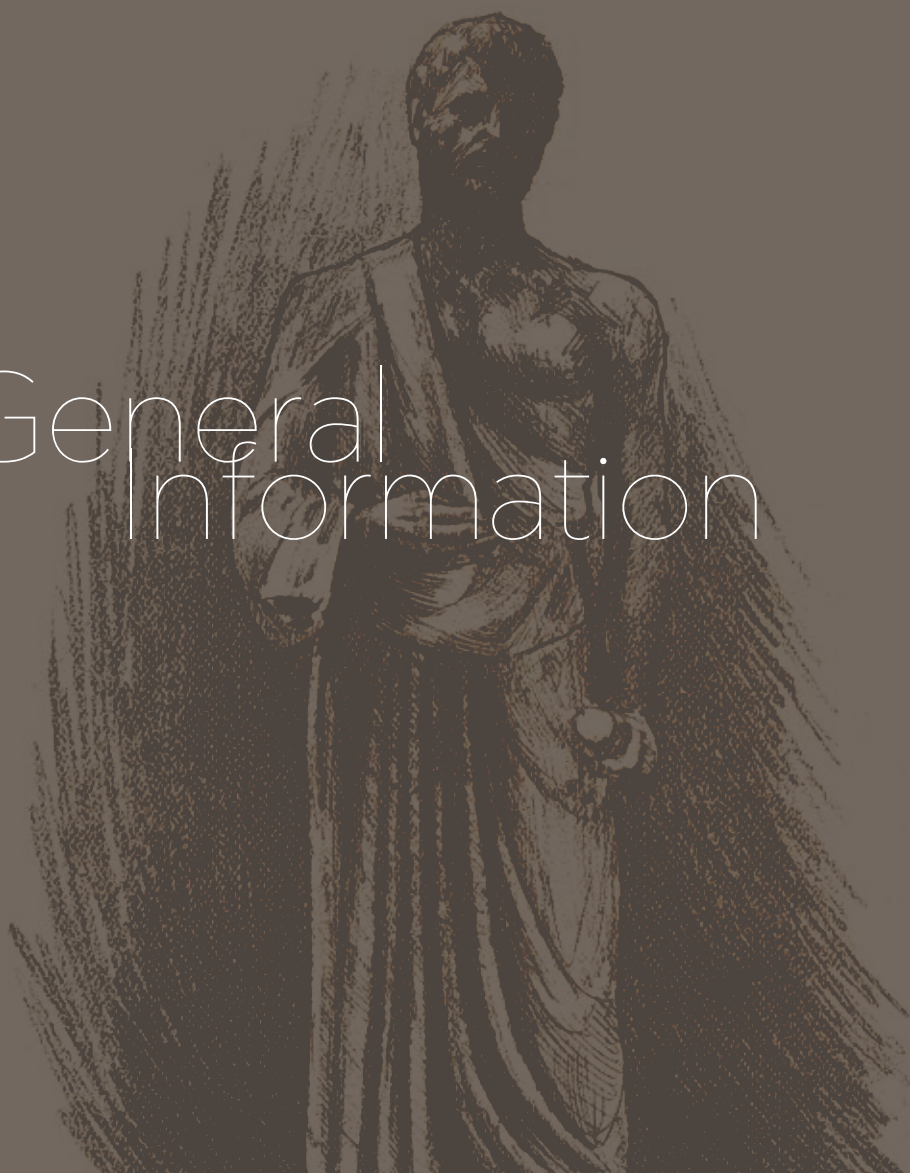
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General Information





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General Information

CONGRESS DATES

5-7 September 2023

The congress is held with physical presence.

CONGRESS VENUE

Hotel Elivi, Skiathos, Greece

SECRETARIAT OPENING HOURS

The congress secretariat is operating at the congress venue according to the following time schedule.

Tuesday, September 5, 2023	09:00 - 13:00
Wednesday, September 6, 2023	09:00 - 13:00
Thursday, September 7, 2023	09:00 - 13:00

CERTIFICATES OF ATTENDANCE

Certificates of attendance will be sent out electronically to all registered participants after the end of the congress. A prerequisite for the receipt of the certificate is the completion and submission of the online evaluation form.

SOCIAL EVENTS

Monday, September 4, 2023 (20:00)

Delegates and accompanying members are invited to a cocktail party at Elivi Hotel
Dress code: *Casual*

Tuesday, September 5, 2023 (Pick up point for shuttle service hotel lobby, 20:30)

Delegates and accompanying members are invited to dinner at Bourtzi Cultural Center, after the end of the opening ceremony
Dress Code: *Casual Chic*



General Information

Wednesday, September 6, 2023 (Pick up point for shuttle service hotel lobby, 14:00)

Delegates and accompanying members are invited to a cruise around Skiathos (duration 5 hours)

Dinner will follow at the Migliore Restaurant (walking distance from the port)

Dress Code: *Casual for dinner & Swimming wear for cruise*

Thursday, September 7, 2023 (20:30)

Delegates and accompanying members are invited to dinner at Elivi Hotel

Dress Code: *Casual Chic*

SCIENTIFIC PROGRAM SESSIONS

For the needs of the smooth flow of the scientific program, it is kindly requested that:

Speakers limit their lecture within the predetermined duration (15 minutes).

Moderators adhere to the time frame of the session they are chairing, ensuring the necessary time for discussion, and encouraging questions from the audience.

SPEAKERS PREVIEW DESK

All speakers are kindly requested to have their presentations available in electronic format (USB sticks). All presentations will be delivered at least one (1) hour before the start of the session to the authorized personnel that staffs the speakers preview desk, which will be located at the congress venue for the whole duration of the congress.

CONGRESS OFFICIAL LANGUAGE

The official language of the congress is English. Translation in Greek or any other language is not provided.



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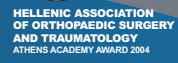
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5-7
September

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